



The Upledger Clinic Presents Group Intensive Therapy Program



Experience gentle multi-hands manual therapy sessions conducted in an outpatient setting.

Why multi-day and multi-therapists?

To exponentially increase therapy potency and maximize client outcomes.

- CranioSacral Therapy (CST) treatment sessions are individualized to best meet the needs of each client.
- Restrictions and tensions are released to relieve pain and dysfunction and improve overall health.
- Reported to relieve symptoms associated with:
 - ✓ Neck and Back Pain
 - ✓ Fibromyalgia
 - ✓ Scoliosis
 - ✓ Autism
 - ✓ Cancer Treatment
 - ✓ Post Traumatic Stress
 - ✓ Post Concussion Syndrome
 - ✓ TMJ Syndrome
 - ✓ Chronic Fatigue
 - ✓ Arthrogryposis
 - ✓ Migraines
 - ✓ Alzheimer's
- Group discussions held daily at 9:00 am.
- Group sessions may consist of 6 - 10 clients and therapists.

Program Dates/Locations

Group Intensive Therapy

Jan 22 - 26, 2024 – Palm Beach, FL
 Mar 14 - 18, 2024 – Albuquerque, NM
 Apr 11 - 15, 2024 – Selma, IN
 May 3 - 7, 2024 – Reykjavik, Iceland
 May 17 - 21, 2024 – Sandy, UT
 Sep 30 - Oct 4, 2024 – Las Cruces, NM
 Oct 18 - 22, 2024 – Palm Beach, FL
 Aug 31 - Sep 4, 2024 – Reykjavik, Iceland

PTSD Group Therapy (Veterans Only)
 2024 date to be announced

Program Details

- Time:** 9:00 am - 3:30 pm (times may vary, depending on treatment). Includes 1½ hour for lunch.
- Fee:** Five-day program \$3,600 (USD). Deposit \$500.00 (USD). Fees may vary due to applicable local/state taxes and/or city surcharges.
- Add'l Costs:** Travel, lodging, local transportation, meals and incidentals are not included in the program fee.
- Attire:** Comfortable layers.
- Adv. Prep.:** Recommended reading – *Your Inner Physician and You* by Dr. John E. Upledger

Also Available: Individual Intensive Therapy Programs.
 Please call to schedule your own program.



**Call to register or for more information:
561-622-4706**